

# Read Book A Husbands Regret An Unwanted Novel Pdf File Free

A Husband's Regret If Only... Unwanted Pregnancies and Public Policy Regretting Motherhood The Moral Psychology of Regret Sorrow's Profiles Childfree by Choice Consensuality Regret Regret the Error Overcoming Anticipatory Anxiety The Development of Judgment and Decision Making in Children and Adolescents The Legacy of Lord Regret A Pocket Coach: The Confidence Coach Love, Regret and Accidental Nudity The Secrets of Success in Coaching Voluntarily Childfree Emerging Perspectives on Substance Misuse Regretting You Martini Regrets Psychotherapy and the Remorseful Patient No Regrets The Gifted Parenting Journey Incarcerated Dad...

Handbook of Sexuality-Related Measures Conflict and Tradeoffs in Decision Making aMusings How to Meditate Treasury of Precious Qualities: Book Two Fool Proof Demographic and Social Aspects of Population Growth Rediscovering the Essentiality of Marketing Handbook of Sexuality-Related Measures Nudging Health Research Reports Say Goodbye to Regret No Regrets Development of a Regret Scale Based on the MMPI-2 Hierocles of Alexandria The No-Regrets Guide to Retirement

Once upon a time she was my sister's best friend. I'd always wanted her to be mine. That is until the night everything changed and my love

morphed into pure hatred. Now I'm a vile bastard with a chip on his shoulder. Cruel black hate is all I know. My only focus \*ucking my way through Blackthorn's elite women and partying. Then she shows up at Blackthorn. She's different now, quiet and reserved, but just as beautiful as she was the day she disappeared. One look and my focus changes. I decided then that my time for revenge is now. No way does she get to enjoy herself. No, I'm going to make her life hell. Destroy her from the inside out. I'm going to make her regret ever walking my way, because if it wasn't for her...my sister would still be alive.

\*\*This is a standalone DARK bully romance. This book contains scenes that may be triggering to some readers. This is not a YA romance novel and should be read by those only 18+ or older.

\*\* A deep look at the role of behavioral "nudges" for improving health. Winner of the CHOICE Outstanding Academic Title of the Choice ACRL Behavioral nudges are everywhere: calorie counts on menus, automated text reminders to

encourage medication adherence, a reminder bell when a driver's seatbelt isn't fastened. Designed to help people make better health choices, these reminders have become so commonplace that they often go unnoticed. In *Nudging Health*, forty-five experts in behavioral science and health policy from across academia, government, and private industry come together to explore whether and how these tools are effective in improving health outcomes. Behavioral science has swept the fields of economics and law through the study of nudges, cognitive biases, and decisional heuristics—but it has only recently begun to impact the conversation on health care. *Nudging Health* wrestles with some of the thorny philosophical issues, legal limits, and conceptual questions raised by behavioral science as applied to health law and policy. The volume frames the fundamental issues surrounding health nudges by addressing ethical questions. Does cost-sharing for health expenditures cause patients to

make poor decisions? Is it right to make it difficult for people to opt out of having their organs harvested for donation when they die? Are behavioral nudges paternalistic? The contributors examine specific applications of behavioral science, including efforts to address health care costs, improve vaccination rates, and encourage better decision-making by physicians. They wrestle with questions regarding the doctor-patient relationship and defaults in healthcare while engaging with larger, timely questions of healthcare reform. *Nudging Health* is the first multi-voiced assessment of behavioral economics and health law to span such a wide array of issues—from the Affordable Care Act to prescription drugs. Contributors: David A. Asch, Jerry Avorn, Jennifer Blumenthal-Barby, Alexander M. Capron, Niteesh K. Choudhry, I. Glenn Cohen, Sarah Conly, Gregory Curfman, Khaled El Emam, Barbara J. Evans, Nir Eyal, Andrea Freeman, Alan M. Garber, Jonathan Gingerich, Michael Hallsworth, Jim Hawkins,

David Huffman, David A. Hyman, Julika Kaplan, Aaron S. Kesselheim, Nina A. Kohn, Russell Korobkin, Jeffrey T. Kullgren, Matthew J.B. Lawrence, George Loewenstein, Holly Fernandez Lynch, Ester Moher, Abigail R. Moncrieff, David Orentlicher, Manisha Padi, Christopher T. Robertson, Ameet Sarpatwari, Aditi P. Sen, Neel Shah, Zainab Shipchandler, Anna D. Sinaiko, Donna Spruijt-Metz, Cass R. Sunstein, Thomas S. Ulen, Kristen Underhill, Kevin G. Volpp, Mark D. White, David V. Yokum, Jennifer L. Zamzow, Richard J. Zeckhauser

The great warrior Rostigan wanders Aorn, weary of battle and unwanted renown. With him travels his lover, the minstrel Tarzi, who hopes she may soon witness further deeds from him worthy of song and tale. Despite Rostigan's reluctance to re-enter the world, she may get what she wishes for . . . When they travel to the once magnificent city of Silverstone they discover it has been wrenched out of existence. Journeying onwards, they come to learn the disturbing truth. The land

has descended into chaos for the Wardens, now craving destruction, have returned from their ancient graves and Lord Regret's malicious legacy grows ever stronger, corrupting the very nature of reality. It's hard to envision a life without some regrets. You imagine what might have been if you had taken a different path at some key juncture, whether about a past relationship, a missed job opportunity, or choosing where to live. Regret can be immobilizing, filling us with disappointment and shame--but it also can be a powerful tool for self-knowledge and change. In this uplifting guide, renowned psychologist Robert Leahy demonstrates how to make regret work to your advantage. Using cutting-edge skills based on cognitive-behavioral therapy, Dr. Leahy shows how to get unstuck from regret and make decisions with more clarity and confidence. Downloadable practical tools help you implement the strategies in the book. You are the author of your life, so go out and write the

next chapter--and then live it. Homer's stories and poetry are very old; Greek plays almost as. Gutenberg pressed words onto paper in 1450. By 1572 the essay was still in hiding (Montaigne, France); nearly last onto the literary scene. Curious. The essay's reputation has often suffered relative to its older siblings. But it need not. For the essay has no need to supplant nor replace any other literary form; it can, and best lives in perfect complimentary harmony with literature's entirety. For the essay has several built in strengths and charms. May my listing of them here enrich your reading and appreciation herein: - Their brevity corresponds with contemporary attention spans and schedules. Have you ever had more to do? And smaller reading fragments? Enough said. - Profundity, humor, and interest rest in the author's hand equally in all forms; but sheer quantity of ideas zeniths with the essay. Each new page can bring the reader to whole new vistas. The novelist is constrained by narrative, character, etc. and can

not possibly keep pace. If you want scope.... - Because of the above mentioned volume and breadth of ideas, the reader can be expanded faster ... and in more directions. - The mind, psyche, and consciousness of the author is revealed ... faster - a rapidly peeled onion. Quality reading is rewarded ... Shakespeare would approve. - The bite-sized portions are better read aloud to loved ones. - The "open anywhere" quality can allow for magic, it-was-meant-to-be moments. What fun and reading novelty to open anywhere and go! And now is the time to do so. May you be enriched.

Voluntarily Childfree: Identity and Kinship in the United States discusses what it means to make a life worth living without traditional parenthood. Themes include authenticity and autonomy, partnership and support, fulfillment of the need to nurture, freedom of choice, and a desire to leave the world a better place than we found it. Despite the stigmas of selfishness and solitude, the voices in Voluntarily Childfree speak

poignantly of their commitment to a different type of family that includes romantic partners, friends, pets, and future generations through mentorship and leadership opportunities. At its core, the human desire to connect and be heard remains, regardless of the decision to reproduce or not. This book is recommended for students and scholars of anthropology, sociology, cultural studies, and psychology. There are infinite possibilities in human relationships, but the fairytale ideal of companionship does not exist for most people. In Consensuality, Helen Wildfell and her co-adventurers detail the process for creating or finding a healthy, successful relationship as well as common pitfalls and how to avoid them, like gender identity, sexual boundaries, power struggles, and emotional dysfunction. Overcoming regret and resentment, the authors describe a journey towards a respectful social environment. Their experiences lead to lessons of self-empowerment and communication tips for building healthy

partnerships. We recognize their preferences and boundaries. We discuss how those fit with our own preferences and boundaries. Filled with personal descriptions of the complex layers in human interaction, the book combines gender studies with memoir to truly make the personal political. The author, sensitively and with deep understanding, orchestrates a survivor's journey through the complex country of sorrow. The author challenges and transcends the received scientific view of grief over loss as a well-ordered progression. He appeals to the power of the imagination, broadening our understanding and breaking new ground that exposes both the life-giving and potentially destructive aspects of intense sorrow. This rich, original contribution to the grief literature must be read.'- Freda Woodrow Ph.D., University of Pretoria, South Africa. In this beautifully tender, sensitively reflective, and provocative book, the author leads a journey through the depths of authentic sorrow, longing, and despair. Daring us to face

death unflinchingly, the author rouses in us the courage to spin in the vortex of personal and collective grief. In doing so, we emerge transformed and forever changed. No other book on human loss is so sane yet simultaneously subverts the status quo.- Ron Cornelissen, Argosy University, San Bernardino, California This book is a translation of the second part of a commentary on the Treasury of Precious Qualities, the most celebrated work of Jigme Lingpa (1730-1798), one of the most important figures in the Nyingma lineage. In a slender volume of elegant verse, this root text (new in this revised edition) presents the entire Buddhist path according to the Nyingma school. Because it is so concise and makes use of elaborate poetic language, the commentary is indispensable. Secrets of Success in Coaching will bring a breath of fresh air to a subject dominated by case-driven and model-based scenarios. It seeks to demystify and open up the coaching practise and provide tried, tested and

solid ways for any coach to develop their skills. Packed full of essential core skills, plain facts and essential tips, tricks and advice all learnt from years of experience, it's simple to follow, easy to understand and everything is delivered in a friendly and very accessible way. As a method of training, directing and developing people, coaching continues to increase in popularity and is one of the most common tools used to help people improve their professional and private lives. At last, here's a book that strips away the usual complicated and unwieldy approaches and leaves just the golden nuggets, the insider knowledge and the real secrets of success; everything you really need to know to be the best coach you can be. Regret is life's most painful -- and most unnecessary -- emotion. Combining biblical insights with real-life examples, these specific examples show you how to claim God's forgiveness and leave the baggage of the past behind. From Dr. Amy Blackstone, childfree woman, co-creator of the

blog we're {not} having a baby, and nationally recognized expert on the childfree choice, comes a definitive investigation into the history and current growing movement of adults choosing to forgo parenthood: what it means for our society, economy, environment, perceived gender roles, and legacies, and how understanding and supporting all types of families can lead to positive outcomes for parents, non-parents, and children alike. As a childfree woman, Dr. Amy Blackstone is no stranger to a wide range of negative responses when she informs people she doesn't have--nor does she want--kids: confused looks, patronizing quips, thinly veiled pity, even outright scorn and condemnation. But she is not alone in opting out when it comes to children. More people than ever are choosing to forgo parenthood, and openly discussing a choice that's still often perceived as taboo. Yet this choice, and its effects personally and culturally, are still often misunderstood. Amy Blackstone, a professor of sociology, has been studying the

childfree choice since 2008, a choice she and her husband had already confidently and happily made. Using her own and others' research as well as her personal experience, Blackstone delves into the childfree movement from its conception to today, exploring gender, race, sexual orientation, politics, environmentalism, and feminism, as she strips away the misconceptions surrounding non-parents and reveals the still radical notion that support of the childfree can lead to better lives and societies for all. This book provides a study of regret in the moral psychology of Plato, Aristotle, and the Stoics. Warren provides a detailed account of their views on the nature of this emotion, as related to their understanding of virtue and ethical knowledge and development. This is the first comprehensive work in English on the fifth-century Neoplatonic philosopher Hierocles. It contains a survey of his life, writings, and pagan and Christian surroundings, and examines the major tenets of his thought under the rubrics of

contemplative philosophy, practical philosophy (civil and telestic), and providence. Schibli situates Hierocles in the mainstream of Neoplatonism from Plotinus to Damascius. Particularly helpful is the inclusion of a modern English translation of Hierocles' Commentary on the Golden Verses of the Pythagoreans and of the remnants of his treatise On Providence. The translations are fully annotated throughout. The next best thing to private instruction, How to Meditate contains a wealth of practical on a variety of authentic and proven techniques. This new edition includes several additional meditations, allowing readers to grasp both the "why" and "how" of spiritual development. A Tibetan Buddhist nun for over thirty years, McDonald is a respected and inspiring teacher in the Foundation for the Preservation of the Mahayana Tradition.--Adapted from back cover. The fear of playing the fool is a universal psychological phenomenon and an underappreciated driver of human behavior; in



the spirit of Malcolm Gladwell's *Blink*, Dan Ariely's *Predictably Irrational*, and Susan Cain's *Quiet*, *Fool Proof* tracks the implications of the sucker construct from personal choices to cultural conflict, ultimately charting an unexpected and empowering path forward. In the American moral vernacular, we have a whole thesaurus for victims of exploitation. They are suckers (born every minute), fools (not suffered gladly), dupes, marks, chumps, pawns, and losers. Fool me once, shame on you; fool me twice, shame on me. Cultural stories about suckers abound too: the Trojan Horse, the Boy Who Cried Wolf, the Emperor's New Clothes, even Hansel and Gretel. If you believe that, I have a bridge to sell you. Don't go out with him; he only wants one thing. The fear of playing the fool is not just a descriptive fact; it is a prescriptive theme: Don't let that be you. Most of us are constantly navigating two sets of imperatives: how to be successful and how to be good. The fear of being suckered whispers that

you can't do both, operating as a quiet caution against leaps of faith and acts of altruism. University of Pennsylvania law professor and moral psychologist Tess Wilkinson-Ryan brings evidence from studies in psychology, sociology, and economics to show how the sucker construct shapes, and distorts, human decision-making. *Fool Proof* offers the first in-depth analysis of the sucker's game as implicit worldview, drawing evidence everywhere from grocery shopping to international trade deals, from road rage to #MeToo. Offering real-world puzzles and stories, Wilkinson-Ryan explores what kinds of hustles feel like scams and which ones feel like business as usual, who gets pegged as suckers and who gets lauded as saints. She takes deep dives into areas like the psychology of stereotyping, the history of ethnic slurs, and the economics of the family—and shows how the threat of being suckered is deployed to perpetuate social and economic hierarchies. Ultimately, *Fool Proof* argues that the goal is not

so much to spot the con as to renegotiate its meaning. The fear of being suckered can be weaponized to disrupt cooperation and trust, but it can also be defused and reframed to make space for moral agency and social progress. Facing the fear of being suckered head-on means deciding for ourselves what risks to take, what relationships to invest in, when to share, and when to protest—drafting a new template for how to live with integrity in a sucker's world. Winner of the National Press Club's Arthur Rowse Award for Press Criticism! From Craig Silverman, proprietor of [www.RegretTheError.com](http://www.RegretTheError.com), comes a lively journey through the history of media mistakes via a chronicle of funny, shocking, and often disturbing journalistic slip-ups. The errors--running the gamut from hilarious to tragic--include "Fuzzy Numbers" (when numbers and math undermine reporting) "Obiticide" (printing the obituary of a living person), and "Unintended Consequences" (typos and misidentifications

that create a new, incorrect reality). While some of the errors are laugh-out-loud funny, the book also offers a serious investigation of contemporary journalism's lack of accountability to the public, and a rousing call to arms for all news organizations to mend their ways and reclaim the role of the press as honest voice of the people. Get ahead of your anticipatory anxiety, and start living with flexibility and peace of mind. Do you automatically assume the worst-case-scenario when faced with difficulty? Do you stress about situations that haven't happened yet, or find yourself anticipating disaster around every corner? Does the prospect of making a decision leave you feeling overwhelmed and paralyzed? From subtle avoidance behaviors to the most nightmarish terrors, anticipatory anxiety is the engine that drives it all. Understanding how this hidden enemy tricks you, and, most importantly, how to overcome it, will liberate you to live a more flexible and joyful life. In *Overcoming*

Anticipatory Anxiety, two anxiety experts team up to teach you how to manage your overactive imagination, limit future-based thinking, face your fears, make decisions, and live with more freedom and joy. This must-have guide is grounded in the authors' innovative and easy-to-remember DANCE model: Discern your anticipatory anxiety Accept doubts and discomfort No struggling or avoiding Commit to proceed Embrace the present as it is, so you can get on with your life Your relationship with your worries and imagination will shift, so that you can focus on what is genuinely important. It's time to stop worrying about what might happen, start facing your fears, rein in your self-defeating imagination, and live fully in the moment. Get this book and discover the motivation and skills needed to take charge of your anticipatory anxiety. Darf man es bereuen, Mutter zu sein? Das Buch der wegweisenden Autorin Orna Donath jetzt im Taschenbuch »Regretting Motherhood« thematisiert, was

bisher kaum ausgesprochen wird: Dass viele Frauen in der Mutterschaft nicht die »vorgeschriebene« Erfüllung finden. Dass sie ihre Kinder lieben und trotzdem nicht Mutter sein wollen. In ihrem bahnbrechenden Buch lässt die engagierte Soziologin Orna Donath Mütter selbst zu Wort kommen und analysiert anhand vieler Interviews mit Frauen, die bereit waren, ihre ambivalenten Gefühle offenzulegen, die Dimension des Tabus. This book contains the full proceedings of the 2015 Academy of Marketing Science World Marketing Congress held in Bari, Italy. The current worldwide business environment is leading marketing scholars and practitioners to reconsider a number of historical and current views of the marketplace and how it functions. Further, determining new marketing theories and practical methods whose effectiveness can be truly measured must be added to the list of current challenges for today and tomorrow. In such a period in marketing history, achieving

and managing efficient and effective marketing actions is a necessity. Determining such actions is based on practical experience, solid theory and appropriate research methodology. The enclosed papers focus on new research ideas on vibrant topics that can help academics and practitioners gain new perspectives and insights into today's turbulent marketplace. Founded in 1971, the Academy of Marketing Science is an international organization dedicated to promoting timely explorations of phenomena related to the science of marketing in theory, research, and practice. Among its services to members and the community at large, the Academy offers conferences, congresses and symposia that attract delegates from around the world. Presentations from these events are published in this Proceedings series, which offers a comprehensive archive of volumes reflecting the evolution of the field. Volumes deliver cutting-edge research and insights, complimenting the Academy's flagship journals,

Journal of the Academy of Marketing Science (JAMS) and AMS Review. Volumes are edited by leading scholars and practitioners across a wide range of subject areas in marketing science. Copy - Web Catalog: Emerging Perspectives on Substance Misuse addresses theoretical, practice and policy issues with regard to the problematic use of alcohol and illegal drugs. Comprises chapters from some of the most internationally well-known academics and practitioners representing a range of different specializations and perspectives in the field Presents a wide range of emerging evidence-based perspectives Includes content relevant for researchers, practitioners, and policy makers who work with individuals or policy related to drug and alcohol misuse Areas covered include - gender and substance use, working with children and families of substance misusers and the emerging recovery movement What kind of an emotion is regret? What difference does it make whether, how, and why we experience it,

and how does this experience shape our current and future thoughts, decisions, goals? Under what conditions is regret appropriate? Is it always one kind of experience, or does it vary, based on who is doing the regretting, and why? How is regret different from other backward-looking emotions? In *The Moral Psychology of Regret*, scholars from several disciplines—including philosophy, gender studies, disability studies, law, and neuroscience—come together to address these and other questions related to this ubiquitous emotion that so many of us seem to dread. And while regret has been somewhat under-theorized as a subject worthy of serious and careful attention, this volume is offered with the intent of expanding the discourse on regret as an emotion of great moral significance that underwrites how we understand ourselves and each other. Illustrates the necessity and value of remorse as a psychological experience. With case studies and explanations, psychotherapists

provide clinical approaches to treating remorse—an ever present challenge and a potent instrument for all emotional social recovery. No index. Annotation copyrighted by Book News, Inc., Portland, OR This classic and invaluable reference Handbook, written for sex researchers and their students, has now been completely revised in a new edition complete with its own companion website. It remains the only easy and efficient way for researchers to learn about, evaluate, and compare instruments that have previously been used in sex research. In this third edition of the Handbook, 218 scales, complete with full descriptions and psychometric data, are made available, with additional information provided at the companion website for this volume. This classic and invaluable reference handbook, written for sex researchers and their students, has now been completely revised in a new, fourth edition. It remains the only easy and efficient way for researchers to learn about, evaluate, and compare instruments

that have previously been used in sex research. I have spent three decades watching young men come in and out of prison. In many instances these youth accept the prison experience as a rite of passage to manhood. They have the idea that being convicted of a felony and sentenced to a correctional facility certifies their street credit and gives them permission to return to society as an honored street soldier. This is a fallacy of a subculture that is destroying generations of African-American families as well as diminishing the foundation of our society. Experiencing prison life and seeing our youths come into the system without any positive male role models to imitate, I am inspired to write the second installment in the Gangsta Rap trilogy and share the untold stories of this subculture the things you will not hear on inner city streets, in drug houses, in the news, at board meetings, in neighborhood barbershops or beauty salons, in school, at church, in college, in the temple, or in the many other places people gather.

Understanding that most inner city and rural area youths lack the examples of positive male role models, I've watched the cycle of male-hood continue to perpetuate itself as these young men come into the prison system boasting of fathering several children by different young ladies without any consideration or means for supporting their children. They continue to brag about returning to society and impregnating more unsuspecting girls with the intentions of not accepting the responsibility of traditional fatherhood. Learn to take control of your finances and your retirement with this one-stop Australian financial planning bible Have you ever wondered if you have enough money to make it through retirement? The No-Regrets Retirement Guide: How to Live Well, Invest Wisely and Make Your Money Last provides readers with a definitive answer to that question, as well as many others you may have always wanted to ask. Qualified financial planner and author Patricia Howard offers no-nonsense

guidance on what it takes to get you to, and through, retirement. You'll learn how to: Develop a positive and productive mindset as you enter retirement Take control of your finances, regardless of how much money you make or have Learn how to live on invested income rather than earned income Understand and learn to avoid the biggest pitfalls people commonly encounter as they approach retirement Perfect for people entering or already in retirement, *The No-Regrets Retirement Guide* also belongs on the bookshelves of anyone interested in ensuring they are in a financial position to enjoy their golden years. Sherri Travis is an ordinary woman who has a knack for getting caught up in the most extraordinary circumstances. It's almost midnight and Sherri is about to cross the Everglades when she realizes she's low on gas. She turns off the main road and into the swamp to find a service station on Last Chance Road. But her pickup is carjacked, and she is left alone at night in the Glades.

Hiding from dangerous men, terrified for her life, Sherri stumbles upon the body of a man. Your cool pocket companion and one-stop guide to capturing confidence! From the best-selling author of *The Mindfulness Companion* and *The Can't Sleep Colouring Journal* comes the second in our pocket-sized range of gift self-help titles, designed to help you tackle self-doubt and lack of confidence in every day life. Through helpful exercises, guidance and expert narrative, Dr Arnold's techniques for reclaiming your mojo, and getting closer to achieving your goals is now your coolly designed, pocket companion - and a perfect gift for a loved one. In *"The Gifted Parenting Journey: A Guide to Self-discovery and Support for Families of Gifted Children,"* clinical psychologist and parent Gail Post, Ph.D. addresses the needs and emotional life of parents of gifted children. Gifted children can be overwhelming; parents must navigate a maze of heightened intensity, asynchronous development, and astonishing intellectual

abilities. These challenges and the emotions they evoke are not always easy to discuss with friends or professionals unfamiliar with giftedness. As a result, parents of gifted children often struggle in relative silence, reluctant to voice their concerns. Most books on raising gifted children focus on the child, paying little attention to the parent's unique experience. This book, instead, will guide parents along their gifted parenting journey, exploring what they might worry about and feel. How they can weather and even thrive despite roadblocks to their child's education, criticism from others based on stereotypes, and their own self-doubts. Understanding their thoughts and feelings - and distinguishing these emotions from what their child needs - is key to making informed parenting decisions. Throughout this book, parents are invited to discover more about their deeper emotions and motivations, what influences their attitudes and expectations, and how certain reactions are elicited in response to the gifted experience.

Readers will be prompted to explore questions that should increase self-awareness, and are offered both practical tools for managing their emotions and guidelines for improving their parenting skills. Dr. Post provides the latest research, clinical vignettes, and insight based on decades of experience as a psychologist. Findings from a recent online survey of 428 parents of gifted children, initiated for the purpose of this book, explore what other parents want readers to know. While this book is specifically geared toward parents of the gifted, it also offers guidance for anyone interested in understanding gifted children and their families: grandparents, extended family, caregivers, teachers, and other professionals. The guidance, support, and increased self-awareness acquired through this book should enhance parents' well-being and confidence along their gifted parenting journey. Why do I suppose my life is fascinating enough to write about? Love? Hmm, between my mom, dad and myself, we've racked



up thirteen marriages—if not romantic, certainly optimistic. Regret? Well, if embarrassing, eye-squinting, throat closing, breathless, cringing describes it...I've got a few tales to tell, like budget plastic surgery and herding roaches at a party. Accidental nudity? My nudity is about as spontaneous as a space shuttle launch—even so, there's still the unexpected. The essays in this book address questions about the causes of conflict and its effects. NO REGRETS is the story of a young woman who had a history of destructive relationships. Suffering from a low self-image she continued in this pattern until her unplanned pregnancy stopped her in her tracks. She was tired of these dysfunctional relationships and wanted to get off the merry-go-round. The father of the baby left her and her children forcing her to make a decision as to the future of her unborn child. As a Christian she had always been Pro-Life. Finding herself pregnant she contemplated abortion for a time. Her decision to place her child for adoption took

her down a path of self-discovery, and the opportunity to find God's Grace in the midst. She was able to then accept her pregnancy and the plan she had to give her baby to an adoptive couple whom she knew would give him what she could not. She discovered who she was and how God sees her. He sees her as beautiful and lovely and today, 26 years later, she has no regrets. Tall and thin, twenty-eight-year-old Bronwyn Palmer has become positively gaunt, a ghost of her former self. That self was--and still is--the wife of a rich, handsome executive with an ocean-view house and his own security staff. It was in that house, two years ago, that Bryce Palmer learned Bronwyn was pregnant with their first child. But Bryce's rage over his impending fatherhood touched off a chain reaction of emotional and physical traumas that wounded them both. For Bronwyn, it meant fleeing the perfect marriage to start over with nothing but a precocious daughter named Kayla to care for. For Bryce, it meant a tortuous two

years spent blaming his wife for deserting him, and living with the pain of not knowing his child. Now a chance encounter has brought Bronwyn back into Bryce's life, both bearing scars...and neither knowing the whole truth of that fateful night that drove them apart. Unwanted Pregnancies & Public Policy An International Perspective In recent years, newspaper articles, television specials, and other media events have focused on the numerous hard decisions faced by today's youth, often pointing to teen pregnancy, drug use, and delinquency as evidence of faulty judgment. Over the past 10 years, many groups - including parents, educators, policymakers, and researchers - have become concerned about the decision-making abilities of children and adolescents, asking why they make risky choices, how they can be taught to be better decision makers, and what types of age-related changes occur in decision making. This book serves as a starting point for those interested in considering new ways of thinking

about the development of these issues. The purpose is to bring together the voices of several authors who are conducting cutting-edge research and developing new theoretical perspectives related to the development of judgment and decision making. The Development of Judgment and Decision Making in Children and Adolescents is divided into three parts: Part I presents three distinctive developmental models that offer different explanations of "what develops" and the relative importance of different cognitive components and experiential components that may be important for developing judgment and decision making skills. Part II emphasizes the emotional, cultural, and social aspects of decision making--three topics that have been influential in the adult literature on judgment and decision making but are just beginning to be explored in the developmental area. Part III provides three examples of research that applies developmental and decision making models to practical

research questions. This book is intended for the professional market or for graduate courses on decision making or cognitive or social development. *No Regrets: Remorse in Classical Antiquity* is the first sustained study examining the circumstances under which the emotions of remorse and regret were manifested in Greek and Roman public life. Despite a still-common notion that remorse is a modern, monotheistic emotion, it argues that remorse did in fact exist in pre-Christian antiquity. By discussing the standard lexical denotations of remorse, Fulkerson shows how its parameters were rather different from its modern counterpart. Remorse in the ancient world was normally not expressed by high-status individuals, but by their inferiors, notably women, the young, and subjects of tyrants, nor was it redemptive, but often served to show defect of character. Through a series of examples, especially poetic, historical, and philosophical texts, this book demonstrates this was so because of the very high value placed on

consistency of character in the ancient world. High-status men, in particular, faced constant challenges to their position, and maintaining at least the appearance of uniformity was essential to their successful functioning. The redemptive aspects of remorse, of learning from one's mistakes, were thus nearly absent in the ancient world.

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